Kiama High School
Newsletter
Term 1 – Week 9A
25 March 2013
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PRINCIPAL’S MESSAGE
This afternoon we have the “Meet the Year 7 Teachers BBQ”. This is an informal get together of parents of Year 7 and their teachers. We hope to see a large roll-up.

As I look over our HSC results for the past two years, I would like to mention the type of academic results we get at Kiama High School. The percentage of students are gaining a Band 6 or Band 5 (this equates to a mark of 80% or more) in some of our subjects, which is outstanding – for example of the 95 students who did a Creative Arts subject, 62.1% received a mark of 80 or more and of the 89 students who did a Home Economics faculty subject, 52.8% received a mark of 80% or more.

Again a reminder that our school uniform shop carries all our uniform clothing needs, including shorts. Any parents having financial difficulties please contact the school for assistance. We may be able to help with uniform and compulsory school fees.

This Wednesday our Year 12 students begin their Half Yearly Examinations and we wish them all well.

Darrell Shephard
Relieving Principal

DEPUTIES NEWS

Year 12 Exams
Year 12 Half Yearly Exams start next Wednesday 27th March, and run to the end of term. Students should have a solid revision program well underway by now if they want to achieve their best results. In most subjects these exams contribute a significant proportion to their final assessment mark. Students need to be in full uniform when undertaking exams.

Year 7 SRC Elections
Congratulations to Sophia Borserio, Lauren Perry, Andrew Webb and Alex Wunsch who have been elected as the Year 7 Representatives on the Student Representative Council. I was very impressed with the speeches that they delivered before their Year Assembly last Wednesday. I was also impressed with the speeches given by Lara Balog, Heidi Ekman and Izabella Elphick but, unfortunately, they were not successful this time in gaining selection to the SRC. Each of these students spoke beautifully leaving no doubt that the Student Leadership Team will be in very capable hands.

COMING EVENTS

MON 25/3: P & C Meeting 6pm
Yr 7 ‘Meet the Teachers’ BBQ
Yr 10 Geography Excursion
Girls Tennis Championship

TUE 26/3: Yrs 7 & 8 Poetry in Action
Yr 10 Commerce Excursion - Easter Show
Open Girls Volleyball

WED 27/3: Yrs 9 & 10 Boys/Girls Regional A.S. Touch
Yr 12 Half Yearly Exams
SRC Leadership Day

THU 28/3: Yr 11 Bus Studies Excursion - Jamberoo Action Park
Yr 12 Half Yearly Exams
Open Boys Cricket

FRI 29/3: EASTER FRIDAY
MON 1/4: EASTER MONDAY

TUE 2/4: Yr 12 Half Yearly Exams
South Coast School Surfing - Ulladulla

WED 3/4: Yr 12 Half Yearly Exams
CHS Swimming Championships
Open Boys Tennis

THU 4/4: Yr 12 Half Yearly Exams
Peer Support Picnic Day

FRI 5/4: Yr 8 Science Excursion
Yr 11 Geography-Coastal Fieldwork Ex
Yr 12 Half Yearly Exams
Helicopter Visits 11:15am-1:00pm + Defence Talks

Contact details
Home, work, mobile and emergency contact numbers need to be up to date. There have been times when we have needed to contact parents in an emergency and found that some or all of the numbers we have are out of date. This causes unnecessary delays. Please review these details and send in written notification of any changes.

Medication
Students needing to take any form of medication during the day must leave the medication at the front office. All prescription medication must be in its original packaging labelled with a prescription sticker indicating the students name and dosage. This must be accompanied by a letter from the doctor. All over the counter medication such as cold and flu tablets, Panadol etc. must have a letter from a Carer with the students name and dosage labelled on the medication.

Gerard Kelly – Relieving Deputy Principal
WELFARE UPDATE

Thank you to all the students in Year 7 and Year 9 boys who participated in the vaccination program on Thursday 21st and Friday 22nd of March. Your behaviour and cooperation levels were excellent and commented on by the nurses from the Public Health Unit. Year 7 students received the Hepatitis B and Human Papillomavirus vaccine. Year 9 boys all received the Human Papillomavirus vaccine (cervical cancer).

Please note that any student who missed out because they forgot to return their forms, or was absent on the day, can still bring them in and will have their vaccine during the next visit.

Visit 2 will take place on the 20th and 21st of June. Year 7 students will receive the Human Papillomavirus vaccine dose 2 (for those who have received dose 1 and the Diphtheria/Tetanus/Pertussis booster vaccine. Year 9 boys will receive the Human Papillomavirus vaccine dose 2.

Visit 3 will take place on the 31st October and 1st November. Year 7 students will receive the Human Papillomavirus vaccine dose 3, Hep B vaccine dose 2 and Varicella/Chicken pox Vaccine. Year 9 boys will receive the Human Papillomavirus vaccine dose 3.

All Year 7 students were involved in a full day of activities for our Safe and Friendly Welfare Course on Friday the 8th March. The day allowed exploration of themes such as Bullying and Cyber awareness, leadership, peer respect, negative judgement, awareness and empathy. Year 10 students were involved in a similar set of workshops for their Self Awareness Day on the 5th March, which extended to topics such as sexual health, drugs and alcohol, safe partying and help seeking for mental health issues. My congratulations go to all students who participated enthusiastically in these programs and to the teachers who helped to ensure successful days. The students’ behaviour and willingness to take on board the messages impressed our welfare team and guest presenters. We hope these activities will help our students broaden their perspectives of each other and their own health needs.

A reminder to parents that notification for absences and holidays should go through the roll call teacher, not to the front office. This information can then be passed on through to the Year Advisors who can inform each teacher and organise some schoolwork for students to complete, so that they remain up to date.

Applications for HSC disability provisions are now being completed. Students have been reminded to see Mrs Harkness if they would like to apply for special provisions such as extra time, time to rest, separate supervision, use of a laptop etc. Any application must be supported with appropriate documentation from a doctor or specialist. This includes a mental health diagnosis. Teachers will also be involved in the consultation process, however, the greater the evidence the increased chance of students being granted special provisions. Any parents with questions are encouraged to contact Mrs Harkness (Learning and Support Teacher).

More than ever parents are turning to schools for advice, information and direction about issues affecting their kids. Some of these issues are becoming increasingly complex, demanding specific expertise and advice. To help support parents and provide suggestions, we will be regularly including attachments to the newsletter from Michael Grose’s Parenting Ideas articles. These include useful tips and ideas on raising confident and resilient teenagers. Please see this week’s flyer from Michael Grose about “5 Mental Health Habits To Promote In Kids”.

Ruth Power
Relieving HT Welfare

SPORT
UNDER 15’s HASSET CUP

The Kiama High School Under 15’s Boys Cricket Team had a convincing win in the first round of the South Coast Hassett Cup Knockout against Figtree High School last week.

Kiama High School batted first on a wet Bonaira St Oval and thanks largely to Callum Cooper 82 and Ryan Timbs 81, we were able to amass a very large total of 238 off 39 overs.

Callum and Ryan combined aggression with maturity, with both batsmen hitting multiple sixes and fours each. Dominic Cooper was the next best batsman unbeaten on 17.

Best bowlers for Kiama High School were Jack Greenaway 3 for 5, Zachary Parker 3 for 20 and Benjamin Grant 2 for 1. Jack Greenaway also affected a great run out to dismiss the opposition's talented opening batsman. Joint Man Of The Match honours went to Callum Cooper and Ryan Timbs (both in Year 9). We now play the winner of Keira and Wollongong High Schools.

Peter Quine
PD/H/PE
SWIMMING
Congratulations to Jasmine Selby, Josie Mansell, Lauren Perry, Lara McGee, Ashleigh Russell on their selection in the South Coast Swimming Team to go to the NSWCHS Championships at Homebush later this term. Jasmine will compete in the 100m and 200m freestyle events, whilst Josie, Lauren, Lara and Ashleigh will swim in the 12 Years Girls Relay Event.

CROSS COUNTRY
The school Cross Country event will be held during sport in the last week of this term. A reminder that Year 11 and Year 12’s are more than welcome to participate in the event, even though they do not usually do Wednesday afternoon sport.

SOUTH COAST 15 YEARS AFL TRIALS
Any boys interested in trialling for the South Coast 15 years AFL Team should see Mrs McGuinness in the PE Staffroom.
Jill McGuinness
PE Department

CRL COUNTRY CUP
On Wednesday 20th March the 15 years Rugby League Team travelled to Nowra to contest the first rounds of the Country Cup. The team played 2 matches and they were victorious in both pool matches defeating Bomaderry 14 - 6 in a tight game and in their second match they accounted for Shoalhaven High School 36 - 0 in a great display of Open Rugby League. This placed them in the final against Holy Spirit College from Bellambi. They once again showed their class winning 30 - 0. The team now progress to the Country Cup Finals Day to be held in May at a venue to be advised.

The team was represented by Hayden Moon, Jackson Hannah, Toby Gumley-Quine, Callum Cooper, Callan Thistlethwaite, Dylan Morris, Ryan Cahill, Jayden Roots, Jackson Ford, Beau Doosay, Kane Delavere, Matthew Davidson, Donte Drummond, Alex Boles, Alexander Weir, Heath Wheatley, Alexander Alchin, Kain Dorahy and Kye Wright.

Congratulations to all players on a great day.
Steve Hudson
PE Head Teacher

DANCERS ENTERTAIN AT OPEN NIGHT 2013
Congratulations and well done to the dancers from Year 9 and Year 10 elective classes who entertained audiences with their performances last week at Open Night. Your cooperation and commitment to rehearsals in class over the past weeks enabled the night to be a success.

Year 9’s dance ‘Folding Chairs’ took a fun and lighthearted look at going to the beach, while Year 10 presented a more serious contemporary dance ‘No Regrets’. Both performances were well received and the dancers’ enjoyment was evident.

The performance was held in the New Gym, which enabled us to showcase this wonderful venue and the opportunities it offers students.

Ms Gilbert

SRC REPORT
Term 1 has been a busy one to date for the SRC. They hosted a Kiama Community of Schools Mufti Day on Friday 1st March to raise over $800 for Red Cross. Thank you to Kiama, Gerringong and Minnamurra Public Schools for also getting into the red and white spirit. The 14th February was celebrated with red roses and chocolate hearts delivered to classrooms. Thank you to Always Flowers for their wonderful support.

Last Friday looks were shaved in support of the Leukemia Foundation, Shave for a Cure. The quad was buzzing with many students having heads shaved and others choosing to colour their locks. The following students were sponsored to have their hair removed and showed great sportmanship on the day: Andrew Webb, Kye Epps and Curtis Mowbray (Yr7), Owen Sutherland (Yr8), Nicholas Poelczzer (Yr10), Stanley Tiang, Mitchell Eastment, Matthew Panecasio and Grant Cresswell (Yr11) and a big commendation to Dominic Littrich and Jared Dryburgh (Yr12) for raising over $3,800 between them. Another $225 was donated from students on the day. An outstanding effort for a great cause!

Thank you to Lucy Holman from Trusst Hair for donating her time and resources and to the wonderful parents, Liz Lewis, Alison Wedd and Jane Littrich. The parental support we have at Kiama High School helps make our school such a wonderful place to be.
On April 7th, Imogen Bakewell and Dylan McGillivray (Yr10) will represent Kiama High School at the Regional SRC camp at Tuross Heads. Congratulations should also be given to Lily Gore (Yr11) who is attending as a Regional SRC representative and facilitator of the camp. She has demonstrated outstanding leadership skills – well done Lily.

The SRC have also been involved in Year 6 Open Night, facilitating assemblies every fortnight and a new initiative titled ‘Food Friday’. Next Wednesday, Year 11 and 12 SRC students will host the second Kiama Community of Schools Leadership Day at Kiama High School, working with Year 6 students from each of the feeder primary schools. The Year 6 students will gain skills and knowledge on public speaking, facilitating fantastic events and making positive change in their schools. They will stay in touch with the senior students via edmodo throughout the year and report back at the second Leadership Day in term 4 about the implementation of a new project at their school.

I am always impressed with the commitment and drive of the SRC students. I look forward to working with the new Year 7 representatives who will be inducted to the SRC on Thursday.

Ms Dean
SRC Coordinator

**CANTEEN**

| Mon 25/3:   | Gai H & Cheryl |
| Tue: 26/3:  | Carrie H      |
| Wed: 27/3:  | Nerida        |
| Thu: 28/3:  | Traci & Sylvia|
| Fri: 29/3:  | GOOD FRIDAY   |

**Student Volunteers:**

Lunch: Max Michell, Leah Manuel, Alexander Weir, Mitchell Grant
Recess: Dean Brownlow, Clint Emerson, Emily Clements

**KIAMA HIGH SCHOOL**

**UNIFORM SHOP HOURS**

| Tuesday: | 10.30am - 2.30pm |
| Friday:  | 11.00am - 3.00pm |
| Every week of school Terms 1 to 4 |
| Cash and EFTPOS Accepted |
| NB: NO CHEQUES ACCEPTED |

**COMMUNITY NEWS**

**CHILDREN’S MEDICAL RESEARCH INSTITUTE**

**HIGH TEA SATURDAY 11TH MAY 2013**

You are invited to join us for delicious home cooked delicacies provided by our members, endless cups of tea and coffee and beautiful views from the gardens, verandahs and pool area of “Sunnymede”, 48 Campbell St Gerringong. It is Mother’s Day weekend so treat yourself and your mum!

Saturday 11th May, 2pm to 4pm, 48 Campbell St Gerringong. $20 bookings with Carole Ph: 4232 1683 or 0412 616 852. BOOKINGS ESSENTIAL

**KIAMA JUNIOR HOCKEY**

2013 Registrations are as follows:-

- **Junior Mixed Competitions** - Saturday mornings for Under 13s and Under 15s and Wednesday evenings for Under 17s,
- **Junior Girls Competition** - Monday evenings for Under 15s,
- **Training All Junior Grades** - Thursday afternoons 5-6pm,
- **Minkey & New Starters** - Monday afternoons.

Please go to www.kiamahockey.org.au for further information.

**KIAMA JUNIOR RUGBY UNION**

We still have positions available for the 2013 season in U14’s, U15’s and U17’s. Come to training on Tuesday (U17’s) 6pm or Wednesday (U14’s & U15’s) from 4.30pm at Kiama Showground or contact Lucy Blackmore on 0409 161 687 or email Lblackmore5@bigpond.com.

**GERRINGONG BREAKERS FOOTBALL CLUB**

Don’t miss your calling to play football (soccer) this year for the Breakers!! Late registrations are still being accepted for some age groups. For more information call Matt Philpott on 0438 888 857 or check out their website at www.gerringongbreakers.com

**BASKETBALL COMPETITION**

**SHELLHARBOUR CITY STADIUM**

Croome Rd Albion Park Rail is taking registrations for Basketball Competitions commencing 2nd May 2013. **CADET** (12-16 years Boys or Girls) on Thursday Afternoons and MIXED SOCIAL (Ages 15 - 50+) on Friday Evenings. For more information please call 4257 3468.

Disclaimer: Kiama High School will, as a service to parents, advertise community news, which may be of interest. KHS does not necessarily endorse or sponsor the events and accepts no responsibility to the management or organisation.

RESPECT ~ COMMITMENT TO PERSONAL EXCELLENCE ~ RESPONSIBILITY